

WEEK I: Unity in Christ



- ■被■ Romans 1:17
- Romans 3:23-24
- **Ezra 3:10-11**

Have you ever made a mistake? As humans, we make mistakes all the time, and God knows that. He sent Jesus to forgive our sins – even the sins we don't know about yet! When we say we are sorry and ask for forgiveness, God has already forgiven us. It's because of Jesus that we get to live in heaven with God forever! Question: When was the last time you had to forgive someone? How did that make you feel?

Challenge: Grab these things to do an experiment: baking soda, vinegar, Kleenex, plastic baggie, and a bowl. Pour some vinegar into the bag (enough to cover the bottom). Then put three spoonsful of baking soda into the Kleenex. Put the Kleenex into the baggie and zip it quickly! (The Kleenex helps delay the reaction so you can close the baggie.) What happened? The baggie blew up so fast it exploded! That is what happens when we don't forgive others – our feelings stay inside until we feel like we will explode!

WEEK 3: Rise Up, Oh Children of God!



- Romans 12:2
- Romans 10:9-10
- 5 Esther 9:22

God loves us all equally, and he asks that Christians act differently than the sinful world. Every day people's feelings get hurt, people get angry and they try to make others feel bad, too. But God asks that we act in love and kindness, even if we don't always get kindness in return. It can be hard to follow God's way, and it takes practice, but we can always remember that God is with us not matter what!

Question: What would you do if you hear someone say mean things to another person on the playground at school? What is the harder choice: acting like everyone else or acting like how God wants you to do?

Challenge: Find a rock in the garden or around where you live that is about the size of your palm. Color or paint the rock to say "Jesus loves you." The next time you leave your house, find a place to leave the rock where someone else will find it. A little bit of joy can go a long way, and reminding people that Jesus loves them can turn a frown upside down!

WEEK 2: The Power of Hope in a **Hurting World**



- ■概■ Romans 8:39

Do you know the definition of *hope*? It means to have the feeling of something good happening – like hoping you get the present you want for your birthday or hoping to go on a really cool vacation over the summer. God saw that his people were feeling hopeless, like nothing good would ever happen ever again. God saved us with Jesus, and Jesus brought hope back to his people. Our hope in Jesus shows that there are good things coming when we get to meet him; no more sadness or anger. That hopes makes it easy to celebrate Jesus and praise God at church!

Question: What is something you hope to happen this summer? Challenge: Make a summer "hope list" with your family – things you want to do before the summer is over. Everyone gets to pick one thing they hope to do together. It can be something like getting ice cream, going on a family bike ride or visiting the Iowa State Fair.

WEEK 4: What Do I Owe You?



- Romans 13:8
- Romans 14:13
- **声些。** Job 1:20-22

Sometimes it's easier to keep score when someone hurts your feelings. Maybe you think it will feel better if you do something mean back to them. God knows this will only make things worse, and he wants us to work together to make the world a better place. God doesn't keep score of every one of our mistakes, so we shouldn't do that to each other.

This week your challenge is to answer these questions:

- A. Your friend tells everyone not to play with you at recess today. You are left alone to play. Can you forgive them? How would you show them they are forgiven?
- You are waiting for your parent to pick you up after school, but they are running late. You are the last to be picked up and have to wait a long time. Can you forgive your parent? How can you show them they are forgiven?
- C. You teacher says they are going to give you a prize today for all your hard work in class. A week has gone by and they haven't given you the prize. Can you forgive your teacher? How can you show they are forgiven?